

The Harmony Trust PSHE Subject Overview including RHE (2023-2024)

(Some topics bridge one or more themes and other aspects are taught through science or computing as and when the circumstances require it)

Key Themes

Health and Well-Being	Relationships Education	Living in the Wider World
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Taught across all areas of the curriculum through planned provision					
Reception	Rules and Responsibilities	Taught across all areas of the curriculum through planned provision				
Year 1	Rules and Responsibilities	Feelings <i>Zippy Module 1</i>	Keeping Safe	Communication – <i>Zippy Module 2</i>	Healthy Lifestyles	Communities
Year 2	Rules and Responsibilities	Making and breaking relationships <i>Zippy Module 3</i>	Changing and Growing	Conflict Resolution <i>Zippy Module 4</i>	Money	Separation & Loss <i>Zippy Module 5</i>
Year 3	Rules and Responsibilities	Healthy Lifestyles	Resilience & Keeping Safe <i>Zippy Module 6?</i>	Safety (e-safety)	Similarities and Differences	Emotions
Year 4	Rules and Responsibilities	Physical, Emotional and Mental Health <i>Apple Module 1</i>	Economic Awareness (Managing Money)	Communication – <i>Apple Module 2</i>	Growing and Changing	First Aid
Year 5	Rules and Responsibilities	Nutrition and Food	Friendship <i>Apple Module 3</i>	Drugs, Alcohol and Tobacco	Solving Problems – <i>Apple Module 4</i> Include cyber bullying	Health – Physical, Emotional and Mental
Year 6	Rights and Responsibilities	Changes, including Loss <i>Apple Module 5</i>	Healthy Relationships	Aspirations	Economic Awareness Business Enterprise	Moving Forward – <i>Apple Module 6</i> Transition Puberty